# **Initiative 11**

# Engaging students in various activities to deal with Mental Health issues during the Pandemic

Mrs. Shyamalima Borah Malowali Higher Secondary School Dhekorgorah, Jorhat, Assam shyamalimaborah2017@gmail.com

## **The School Context**

Malowali Higher Secondary School is located in the North West Jorhat block of the Jorhat district of Assam. The school is co-educational and situated in a rural area. The school is managed by the Department of Education

#### **Challenges Faced due to School Closure**

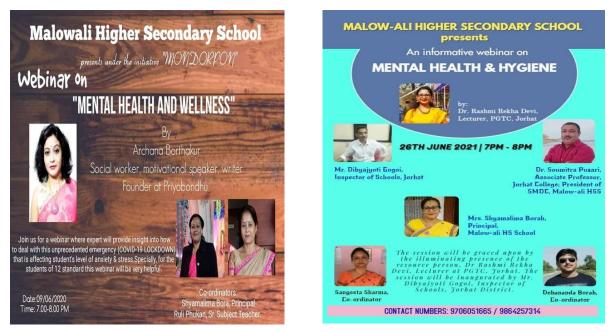
The school faced a challenge of mental health issues among students during the pandemic as children were restricted to their homes only and could not engage themselves in any physical activity outside their homes. School dropouts were rising as a result of academic struggle, lack of support, and poverty. Due to school closure, cases of early marriage or child marriage increased. Challenges were faced problems due to lack of infrastructure- facility. Teachers and principals also faced the issue of a lack of awareness of parents both at home and school.

## **Innovative Leadership Practices for Mitigating Learning Gaps**

School set up a career guidance cell. Various job-oriented subjects were introduced. School also set up a computer lab. We have organized some student-related events. The school also boasts a legal literacy cell which makes the students aware of their legal rights. Another important project was the induction training program for teachers, which enhances their technical skills. To maintain the continuity in the field of education, the school head adopted a village by naming as *Amar Village* to looking in to holistic development of education.

https://www.youtube.com/watch?v=svfV5rrRnU0&list=PLSiPjXQ11pfac7VJn9ya1\_JxSj bU\_p\_zQ&index=17

https://www.youtube.com/watch?v=svfV5rrRnU0&list=PLSiPjXQ11pfac7VJn9ya1\_JxSj bU\_p\_zQ&index=52



Webinar on Mental Health & Wellness

The school has left no stone unturned in training the teachers and giving them the right platform to show and promote their skills. The teachers have taken an active part in the NISTHA (National Initiative for School Heads and Teachers Holistic Advancement) program. The teachers have also taken part in an induction training program to gain proficiency in computer education. With the help of the community and parents/families, the school has adopted a village named "Sarucharai Khat". The school tried to create adult awareness among the villagers who are mostly related to the occupation of fishing rather than education. The school adopted this village to solve the problem of dropout students, and also provided dustbins for maintaining sanitation and cleanliness. The teachers gain proficiency in computer education through an induction training program. The use of Digital Classrooms learning became more fun which resulted in better board exam performances. In the years 2020 and 2021 H.S. board



exams recorded a 100% pass percentage.





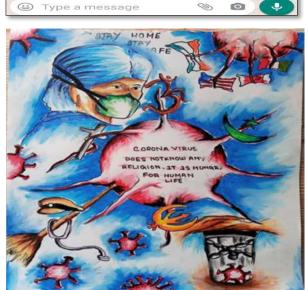




# ← 🎆 HS Study Group.MHS School 💽 🛃

	- Forwarded	
	মৰমৰ ছাত্ৰ ছাত্ৰী সকল এই কঠিন মৃহুৰ্ত্তত তোমালোক সকলোৱে বৰ অশাস্তিত দিন কটাইছা কি কৰিবা জীৱনৰ ই এক অন্য ৰূপ যাক আমি সকলোৱে মানি লবলৈ বাধ্য। কিন্তু নিজৰ মনোবলেৰে আমি ইয়াৰ প্ৰত্যাহ্বান গ্ৰহণ কৰিব লাগিব। ইয়াৰ বাবে আমি শাৰীৰীক সুষ্ঠতাৰ লগতে মনৰো সুষ্ঠতা অটুট ৰাখিবলৈ চেষ্টা কৰিব লাগিব। শৰীৰৰ বাবে আমি ঘাৰ সক সুৰা কামৰ উপৰিও এখন সুন্দৰ সৰু বাৰী পাতিব পাৰো জৈবিক সাৰ ব্যবহাৰ কৰি।জৈবিক সাৰৰ ভিতৰত কেচুসাৰ অতি উত্বুষ্ট আৰু বনাবলৈ অতি সহজা। গছৰ শুকন পাত আৰু গোৱৰ ব্যৱহাৰ কৰি এই সাৰ প্ৰস্তুত্ব আৰু বনাবলৈ অতি সহজা। গছৰ শুকন পাত আৰু গোৱৰ ব্যৱহাৰ কৰি এই সাৰ প্ৰস্তুত্ব কীব পাৰি। মনটো সুস্থ ৰাখিবৰ বাবে আমি কিতাপ পঢ়া গান শুনা ছবি অকাৰ গলৰিব পাৰি। মনটো সুশ্ব ৰাখিবৰ বাবে আমি কিতাপ পঢ়া গান শুনা ছবি ব্যব পাৰোঁ। গতিকে যি কোনো প্ৰকাটকট সংগ্ৰহ কৰাৰ দ্বাৰা মনটো আনন্দিত কৰি ৰাখিব পাৰোঁ। গতিকে যি কোনো প্ৰকাটৰ আমি জীৱনলৈ অহা এই প্ৰত্যাহবান আমি গ্ৰহণ কৰিব লাগিব। শেষড কবি ইাৰেণ ভটাচাৰ্যৰ কবিতাৰ পংজিৰে তোমালোকক মৰম যাছিলো। খিৰিকি খন খুলি দিয়া আনন্দ বৈ পৰক	
	অধ্যক্ষা, মালৌআলি উচ্চতৰ মাধ্যমিক বিদ্যালয়। যোৰহাট 9:10 am 🗸	
Ritup	oorna	
You		

#### You মৰমৰ ছাত্ৰ ছাত্ৰী সকল এই কঠিন মূহুৰ্তত তোমালোক সকলোৱে বৰ Type a message 🔊 💿



## **Collaboration with Community and Parents to Ensure Student Learning**

During the pandemic, school management organized numerous video conferences with the students to reinforce positivity within them and keep their studies on track. Teachers also conducted door-to-door classes for those who have no smartphone



Door-to-door classes during pandemic

## Way Forward

Ensuring 100% maintenance of COVID-19 protocol during offline classes and conducting the physical meeting. Maintaining proper records of student data and updating on regular basis.

# **Conference Presentation**

https://docs.google.com/presentation/d/129MOMibm1Ab47WbAmJtynzqzKCq5h3B/edit?usp=sharing&ouid=103705547766060522301&rtpof=true&sd=true